

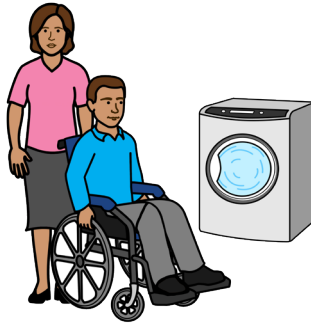


# Help to make your choices

## About the Individualised Living Services at Uniting Communities



Easy English



We can help you to live independently.

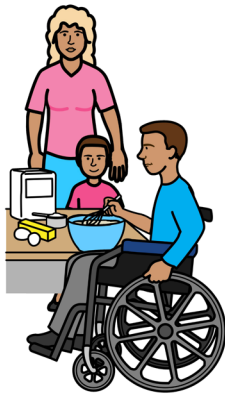
This means help

- with your NDIS goals
- to do things on your own.

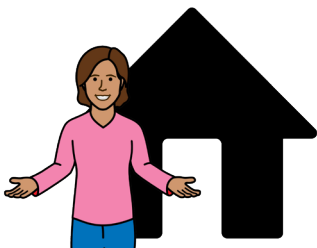


You may need a lot of help

or

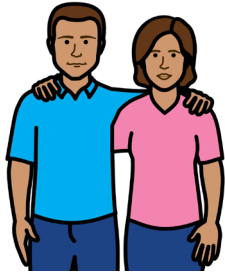


a little help.



We help you find a coach.

We call them an independant living coach.



You choose your coach.

Your coach can be some one you know

or

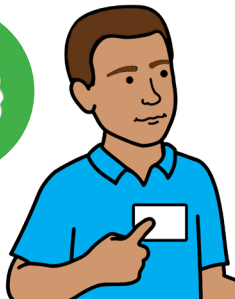


We help you find a new coach.



We make sure your coach is a good person.

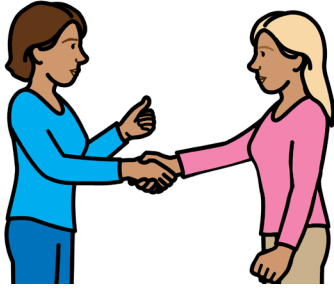
We do checks to make sure.



We make sure your coach can help you.

Like

- with your goals
- learn new things
- be more independant.

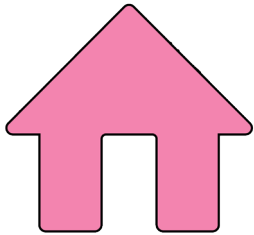


You choose who you want to live with.  
We can help you.

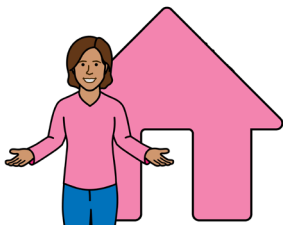


You may stay in your home.

**or**

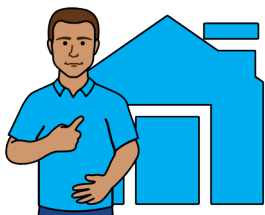


You may move to a different home.



You may live in the home of your coach.

**or**



Your coach may live in your home.



Some things are important to you.

The same things are important to your coach.



Your coach helps you every day.

You may need help to

- shop
- plan your day
- get places.



Your coach helps you

- learn new things
- meet new people
- feel confident.



You work with your coach on your NDIS goals.



You work with your coach to live with other people. Like you want to move in with your

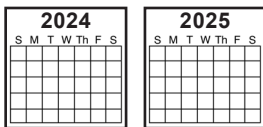
- friend
- partner.



You talk to your coach about how long you stay.

You make a plan with your host.

Like you stay

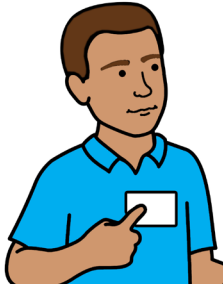


- for 1 year
- less than 1 year
- more than 1 year.



You move out when you are ready.

You feel happy to move out.

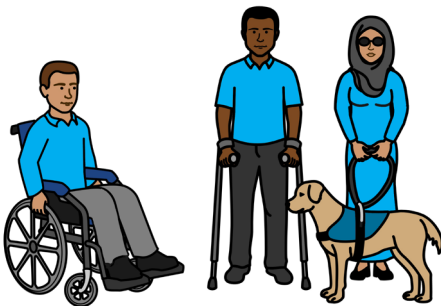


## Can we help you



We help people on the NDIS.

You must be 18 years old.



We can help people with a disability.

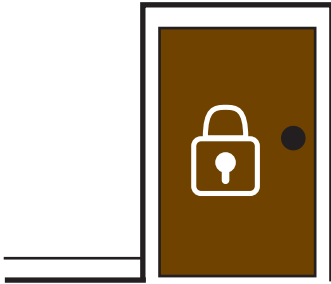


You have support. We can help you.

You do **not** have support. We can help you.



## What can you expect?



A safe home



We make sure you do things you need to.

Like

- go to work
- see your support workers.

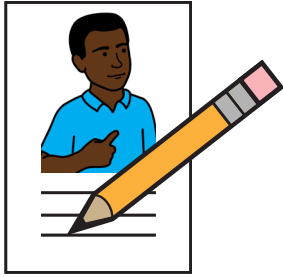


We make sure you do things you want to.

Like

- see friends
- see family
- your hobbies.



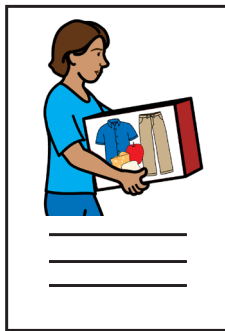


We work with you on a plan.

Your plan gets you ready for the way you want to live.

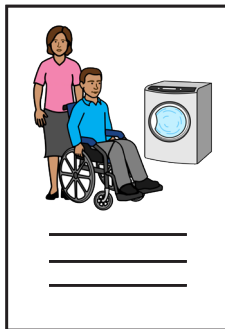
Like you want to live

- with a friend
- a partner.



Your plan tells us what you want in the future

**and**



how we can help you.



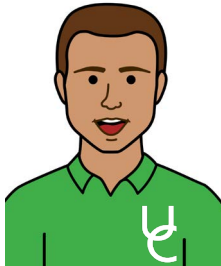
We meet with you to make sure

- you are happy with your home
- you are doing things on your plan.



We help you make a new plan when things change. Like

- you want to learn new things
- you are ready to live by yourself.



**Talk to us**



Call 08 8202 5291

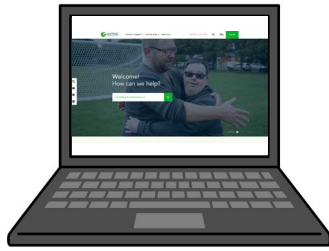
**or**

1800 668 685



Email

[ILS@unitingcommunities.org](mailto:ILS@unitingcommunities.org)



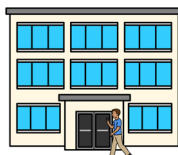
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Adelaide SA 5000



## Images

The images are from

- Boardmaker
- The Noun Project.